

ROCK MOUNTAIN BIBLE CAMP

PROGRAM RESOURCES

Dear Group Leader,

I'm excited for what the Lord is going to do in the lives of your group while you are here at camp! At Rock Mtn, we desire to serve you in a Christ-like manner. Part of our service is making all of our resources available to your group. Food service and maintenance serve you by meeting physical needs at camp. However, purposeful program planning meets the social needs (Christ-centered relationship building), recreational needs (fun), and spiritual needs (Bible-based worship and teaching). The attached "Program Resources" sheet is a list of recreation equipment, program areas, and activity ideas to serve your groups' programming needs. I encourage you to develop a schedule that maintains a healthy balance of Bible-centered sessions, down time, and activities. Set your goals for your event, and plan activities to build toward those goals. Too much "free time" often equals boredom, so please be proactive in your program planning!

The program options on this list fall into two categories: Facilitated (run by our staff) and Non-Facilitated (run by your staff and campers). The times given are sample time-frames. You may decide to have a different period of time for an activity, or may wish to have an activity at a different time-slot.

Once you have decided which resources your group would like to use, contact me to arrange the details. Contact me if you have any questions regarding these program resources. The week prior to your event, I will be contacting you to confirm your schedule, activities, housing arrangements, etc.

Serving Christ with You,



Reid Anderson
Program Director

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PROGRAM RESOURCES ~ ACTIVITIES

FACILITATED:

* All facilitated activities must be prearranged with Reid Anderson. RMBC staff cannot facilitate more than 2 simultaneous events, or facilitate every event/activity in your schedule.

ACTIVITY	SAMPLE Hours	Special Notes
Hay-ride	Any Time	MAX- 25 people per ride, Spring-Fall
TEAM-Challenge \$ (Team-building activities)	Up to 2 hrs	Indoors or Outdoors
TEAM Initiative Course \$ (Low Ropes Course)	Half-day (up to 3 hrs) Full-day (up to 6 hrs)	MAX- 3 groups of 8-16 participants per session
Zip Line \$	Any 1 hour session	15 participants per 1 hrs.
Snack Shop	Afternoon - 2:30 – 4:00 Evening – 9:00-10:00	Snack shop closed no later than 11:00 PM
Bon Fire	Any Time	We build & light fire
Tube Runs	Anytime	Winter Only *As Conditions Allow
Pool	Morning- 9-12 Afternoon- 1-5	Summer Only
Archery	Morning- 9-11 Afternoon- 1-5	Spring - Fall
Orienteering Course	1 hrs	MAX- 24 participants per session. *Find flags with a map & compass!
Bouldering Wall	45 min to 1.5hrs per session	MAX- 10 people per session *Can also be non-facilitated
Geo-caching	1-1.5 hrs	MAX – 24 participants per session. *Scavenger hunt using GPS!

\$ = Additional Charge for TEAM-Challenge, TEAM Initiative Course, & Zipline.

NON-FACILITATED:

* In the event of multiple groups at camp - your group may be designated a time-slot to use these areas.

ACTIVITY / AREA	Open Hours	SPECIAL NOTES
Boating / Lakefront	Dawn until Dusk	-Need Adult Supervision -Enforce Lakefront Rules
Game Room	Anytime	Carpetball, Ping-Pong, Foosball, Air Hockey, lounge
Gym	Anytime	Basketball, Volleyball, Floor Hockey, Dodgeball, etc.
Outdoor Courts	Anytime	Basketball, Volleyball, Box Hockey & Tennis *no tennis equipment provided
Soccer Field	Anytime	
Ball Field	Anytime	
Hiking Trails	Dawn until Dusk	3.4 mile trail network
“The Game Forest” <i>a playing field in the woods!</i>	Dawn until Dusk	Location for Paintball or Capture-the-Flag games.
Upper Hayfield	Anytime	For games played in a hayfield.